

<b>Subject:</b>	<b>FAI GOLD PARACHUTING MMEDAL – NOMINATION OF Dr ANTON WESTMAN</b>	<b>Annex No. -</b>	<b>54</b>
<b>Author:</b>	<b>Jonny Carlén, Secretary General, Swedish Airsport Federation</b>	<b>Agenda ref. -</b>	<b>23.1.1</b>
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Falköping 21<sup>st</sup> of November 2011-11-30

FAI  
Maison du sport International  
Av. de Rhodanie 54  
CH-1007 - Lausanne  
Switzerland

## Regarding: FAI Gold Parachuting Medal

Swedish Airsport Federation nominates for the Gold Parachuting Medal of the FAI Dr. Anton Westman.

Anton Westman Skydiver, Author, Med. Dr in Anaesthesia and PhD in Surgical and Perioperative Sciences started to skydive in 1988 and has today around 2 500 jumps.

Dr. Westman has been a successful sportsman at many national and international competitions, in 1997 a tenth place in Freestyle Skydiving at World Air Games, Turkey and 2004 a fourth place, World Cup Speed Skydiving in France.

In 2009 Dr. Westman got his PhD in Surgical and Perioperative Sciences.

Sport parachuting is a dangerous recreational activity for which available literature appears unsatisfactory to form a basis for injury prevention. The aim with his dissertation is to explore some risk factors in sport parachuting, to identify fatal incident and injury mechanisms for skydiving, to identify non-fatal incident and injury mechanisms for skydiving and to evaluate the validity of a compulsory reporting system among active skydivers.

Anton Westman has made presentations on Medical and Safety issues at two IPC Plenary Meetings and he is currently conducting a study regarding Diabetes and Parachuting, and will make a presentation on this matter at the 2012 IPC Plenary Meeting in Buenos Aires.

Several articles have been published by this multi-tasking skydiver:

Westman A. *Shoulder injuries have been noted as a recurring problem in skydiving.* J Trauma. 2005 Oct;59(4):1033.

Westman A, Björnstig U. *Fatalities in Swedish skydiving.* Accid Anal Prev. 2005 Nov;37(6):1040-8.

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Westman A, Björnstig U. *Injuries in Swedish skydiving*. Br J Sports Med. 2007 Jun;41(6):356-64; Additional discussion 364.

Westman A. *Dangers in sport parachuting*. Umeå University 2009. ISBN 978-91-7264-751-

Westman A, Sjöling M, Lindberg A, Björnstig U. *The SKYNET data: demography and injury reporting in Swedish skydiving*. Accid Anal Prev. 2010 Mar;42(2):778-83.

Westman has a fascination with nature; air sports and human biology are aspects of this. With his knowledge he has contributed to the understanding of parachuting and human biology.

Sincerely



Jonny Carlén  
Secretary General  
Swedish Airsport Federation

